

# CARDIOVASCULAR health summit

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# 2012 CARDIOVASCULAR health summit

**APRIL 13, 2012**

Holiday Inn Grand Montana  
Billings, MT

## PROGRAM DESCRIPTION

The 2012 Montana Cardiovascular Health Summit is a continuing education course for health professionals, which will highlight promising methods of preventing and managing cardiovascular disease and associated risk factors. The sessions address primary and secondary prevention of heart disease and stroke using clinical and public health approaches.

## OBJECTIVES

At the completion of this activity, participants should be better prepared to:

- Identify methods to promote cardiovascular health.
- State the importance of primary and secondary prevention to reduce the burden of heart disease and stroke in Montana.
- Identify evidence-based strategies for the treatment and control of cardiovascular risk factors.

RETURN SERVICE REQUESTED

MT MONTANA  
CARDIOVASCULAR HEALTH PROGRAM  
C314b  
PO Box 202951  
Helena MT 59620  
(#770)

Pre Sort Standard  
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<http://montanacardiovascular.mt.gov>

For more information, contact Michelle Quinn by phone at (406) 243-4866 or by e-mail at [michelle.quinn@umontana.edu](mailto:michelle.quinn@umontana.edu).

# Agenda

## CARDIOVASCULAR health summit APRIL 13, 2012 Holiday Inn Grand Montana • Billings, MT

7:00-8:00	<b>Registration (foyer) &amp; Continental Breakfast</b>
8:00-8:05	<b>Opening</b>
8:05-9:05	<b>Keynote – Management of Hyperlipidemia in High Risk Patients</b> <i>Brent Muhlestein, MD, FACC, FAHA</i> Intermountain Medical Center, Cardiology Department, Murray, Utah Location: Missouri Room
9:05-9:15	<b>Stretch Break</b>
<b>Sessions from 9:15 am – 11:45 am and 1:45-2:45 pm are concurrent with two options. You may alternate between the 2 tracks.</b>	
<b><u>Track 1 Breakouts</u> – Clinical Care of Patients with CVD or Risk Factors</b>	
<b><u>Track 2 Breakouts</u> – Promising Practices in Cardiovascular Health</b>	
9:15-10:15	<b>Track 1: Discovery to Recovery: Stroke Risk, Prevention, Detection and Recovery</b> <i>Ellen (Penny) Clifton, RN, BSN</i> Stroke Program and Neuroscience Education Coordinator, St. Vincent Healthcare, Billings, Montana Location: Missouri Room
	<b>Track 2: DASH Update: What’s New with Dietary Approaches to Stop Hypertension</b> <i>Dayle Hayes, MS, RD</i> Nutrition for the Future, Inc., Billings, Montana Location: Bitterroot/Stillwater Rooms

10:15-10:45	<b>Nutrition Break/ Exhibitor Session</b> Location: Foyer and Big Horn Center
10:45-11:45	<b>Track 1: Improving Hypertension Control: The Kaiser Permanente Northern California Hypertension Project</b> <i>Marc Jaffe, MD –</i> Kaiser Permanente Northern California, South San Francisco, California Location: Missouri Room
	<b>Track 2: Engage Your Patients on a Whole New Level</b> <i>Jody Hereford, BSN, MS, CHC</i> Clinical Project Consultant, Iowa Chronic Care Consortium, Boulder, Colorado Location: Bitterroot/Stillwater Rooms
11:45-12:45	<b>Track 1: Systems of Care for Heart Failure Management</b> <i>Scott Sample, DO</i> Chairman, Cardiovascular Medicine, Billings Clinic, Billings, Montana Location: Missouri Room
	<b>Track 2: The Role of Exercise and Physical Activity in the Prevention and Treatment of Cardiovascular Disease</b> <i>Carl King, EdD</i> Cardiovascular Consulting, Hickory, North Carolina Location: Bitterroot/Stillwater Rooms

12:45-1:45	<b>Lunch/Continue Exhibitor Session</b> (buffet tables in foyer) Location: Seating available in Missouri and Big Horn Center
1:45-2:45	<b>Track 1: How to be a Superior Clinician by Preventing Heart Disease and Strokes</b> <i>Annabelle Santos Volgman, MD, FACC</i> Professor of Medicine and Medical Director, Heart Center for Women, Rush University Medical Center, Chicago, Illinois Location: Missouri Room
	<b>Track 2: Effective Tobacco Cessation Strategies</b> <i>Richard P. Sargent, MD</i> Vice Chairman, Tobacco Prevention Advisory Board and Sage Medical Clinic, Helena, Montana Location: Bitterroot/Stillwater Rooms
2:45-3:00	<b>Stretch Break</b>
3:00-4:00	<b>Plenary – The Role of the Clinician in Changing Lifestyle and Minimizing Weight Regain</b> <i>Anne Wolf, MS, RD</i> Anne Wolf & Associates, Charlottesville, Virginia Location: Missouri Room

Register online at [www.umt.edu/ce/cps/cardiohealthsummit](http://www.umt.edu/ce/cps/cardiohealthsummit)

First Name*:	Registration	
Last Name*:		
Organization/Affiliation*:	(*List these items as you wish them to appear on your nametag)	
Mailing Address:		
City:	street or box number	State: Zip:
E- mail Address:	Confirmation will be sent electronically if e-mail provided	
Daytime Phone:		
Emergency Contact Name:		
Relationship:	Phone:	
Please check your profession:		
<input type="checkbox"/> Dietitian	<input type="checkbox"/> Pharmacy Technician	<input type="checkbox"/> Respiratory Care
<input type="checkbox"/> Exercise Physiologist	<input type="checkbox"/> Physician	<input type="checkbox"/> Therapist
<input type="checkbox"/> Health Educator	<input type="checkbox"/> Physician Assistant	<input type="checkbox"/> Student
<input type="checkbox"/> Nurse	<input type="checkbox"/> Physical Therapist	<input type="checkbox"/> Other
<input type="checkbox"/> Pharmacist		
Please check whether you would like to receive a hard copy conference packet with the presentation handouts OR if you would like to receive the presentation handouts on a flash drive (pdf) only. <b>Please note:</b> hard copy materials will only be printed for those who indicate that option. A very limited number of extra copies will be available onsite.		
<input type="checkbox"/> I would like to receive a hard copy conference packet and materials		
<input type="checkbox"/> I would like to receive a conference packet and materials on a flash drive		
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<input type="checkbox"/> Credit Card <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard		
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REGISTRATION FEE	Through March 9	March 10 – April 13
<input type="checkbox"/> Registration Fee	\$65	\$85
<input type="checkbox"/> Student Registration Fee	\$35	\$40

**PLEASE NOTE:** The Cardiovascular Health Program will cover the cost of the CME \$40 processing fee for attendees applying for CME credit.

- REGISTRATION INFORMATION**
- We encourage you to register and make secure payment online at [www.umt.edu/ce/cps/cardiohealthsummit](http://www.umt.edu/ce/cps/cardiohealthsummit). Click on the Register Now link.
  - If you cannot register online, you may copy this form or download a copy from the website. Please complete one form per participant.
  - Payment must be included with registration to guarantee your space in the program.
  - Mail form and payment to Michelle Quinn, The University of Montana – School of Extended & Lifelong Learning, 32 Campus Drive, Missoula, MT 59812-1728 Phone (406) 243-4866; Fax (406) 243-2047
  - Make check payable to “The University of Montana.” Tax ID# is 81-6001713
  - Once registered, you will receive a Confirmation Notice and Logistics Information.

- CANCELLATION INFORMATION**
- Cancellations and substitutions must be requested in writing to The University of Montana, School of Extended & Lifelong Learning.
  - Cancellations may be subject to a \$20 administrative fee.
  - No-shows forfeit entire registration fee.
  - Substitutions in attendance can be made at any time.

**LODGING**

A room block is being held at the Holiday Inn Grand Montana. You may make lodging reservations by calling (800) 465-4329 or (406) 248-7701. Registrants are eligible for room rates starting at \$89/night plus tax, until March 13, 2012. Please reference the “Cardiovascular Health Summit” when making your reservation.

**SPECIAL REQUESTS**

The Montana Department of Public Health and Human Services attempts to provide reasonable accommodations for any known disability that may interfere with a person participating in any service, program or activity of the Department. Alternative accessible formats of this document will be provided upon request. Please notify Michelle Quinn at 406-243-4866 to request accommodations or alternative formats or if you have a food allergy or dietary restrictions.

## CONTINUING EDUCATION CREDITS

The Montana Department of Public Health and Human Services is affiliated with the University of Washington School of Medicine.

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

APPLICATIONS FOR CE APPROVAL HAVE BEEN SUBMITTED TO THE FOLLOWING ENTITIES: Visit <http://montanacardiovascular.mt.gov> for updated credit approvals.

- American Dietetic Association
- Montana Board of Pharmacy
- Montana Board of Respiratory Care
- Montana Chapter – American Physical Therapy Association
- Montana Nurses Association

Application for CME Credit has been submitted to the American Academy of Family Physicians. Determination of credit is pending.

**QUESTIONS? Contact Michelle Quinn at 406-243-4866 or [michelle.quinn@umontana.edu](mailto:michelle.quinn@umontana.edu)**